


Triple P Positive Parenting



Parents need to fill a child's bucket of self-esteem so high that the rest of the world can't poke enough holes to make it dry.
Abbie Price

Berrien County Triple P serves any caretaker that looks to improve or add techniques to child rearing.

THEY CAN TAKE OUR SLEEP. THEY CAN TAKE OUR BEDS. THEY CAN TAKE OUR SHOWERS. THEY CAN TAKE OUR FOOD. THEY CAN TAKE OUR SHOES. BUT THEY'LL NEVER TAKE OUR DIGNITY...
...OH NO, WAIT, I'VE GOT POOP ON MY TOP.

TODDLERS!!!!

WHAT'S THE POINT OF BEING AFRAID OF THE ZOMBIE APOCALYPSE
WHEN YOU'RE ALREADY A ZOMBIE?

What is Triple P

The Triple P - Positive Parenting Program is a parenting and family support system designed to prevent - as well as treat - behavioral and emotional problems in children and teenagers. It aims to prevent problems in the family, school and community before they arise and to create family environments that encourage caretakers and children to realize their potential.

Who Does Triple P Serve?




What does Triple P Look Like?

- Primary (Level 3) - Discussion Groups
- Group Triple P & Group Teen (Level 4)
- Lifestyles
- Family Transitions
- Triple P Seminars - Regular (to age 12); Triple P Seminars - Teens
- Individual sessions

www.TripleP.org

Positive Parenting Program 5 Protective Factors; 5 Principles

Five Protective Factors

- Parental Resilience
- Social Connections
- Concrete Support in Times of Need
- Knowledge of Parent & Child Development
- Social and Emotional Competence of Children

The Five Principles of Triple P

- 1) Safe & Engaging Environment
- 2) Positive Learning
- 3) Assertive Discipline
- 4) Realistic Expectations
- 5) Parental Self-Care

Our Successes

- Increased Partnerships
 - Friend of the Court
 - YMCA
 - Head Start (end of 2016)
 - District & Circuit Court Probation
 - Child & Family Services
- New Intervention - Triple P Transitions
- Increase in referrals from parents in classes

2018 - 2019 Plans

- Expanding Triple P to increase access to more parents and families County-wide
 - More South County Classes Added
 - YMCA Preschool Partnerships
 - Connecting to more schools
- More Seminars to raise awareness (professionals and partner agencies)
- Greater alignment with community work around trauma and resiliency

Resources

Susan Holcomb, LCSW
 Triple P Provider
 Berrien County Health Department
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 (269) 235-0673

Other:

- www.TripleP.org
- www.strengtheningfamilies.net
- www.bchdmi.org



BERRIEN COUNTY
HEALTH DEPARTMENT
Health. Family. Community. Partnership.
