

40th Annual Michigan Statewide Conference CHILD ABUSE & NEGLECT PREVENTION, ASSESSMENT, AND TREATMENT

# VIRTUAL CONFERENCE OCTOBER 24-25, 2022

www.canconferenceuofm.org

# **CONFERENCE OVERVIEW**

The Michigan Medicine Child Protection Team and the Child Abuse and Neglect (CAN) Conference Planning Committee welcome you to the **40th Annual Michigan Statewide Conference on Child Abuse and Neglect: Prevention, Assessment, and Treatment** on Monday and Tuesday, October 24-25, 2022.

This two half-day **virtual** conference features noted national and Michigan experts who will address a range of topics in the field of child abuse prevention, assessment, and treatment. Each day will consist of one 90-minute keynote and two 75-minute presentations.

### TARGET AUDIENCE

The conference is designed for prevention specialists, social workers, child welfare professionals (Children's Protective Services, Foster Care, Adoption), juvenile justice services, physicians, nurses, mental health and other medical professionals, attorneys, law enforcement, child advocacy professionals, and educators. Community members are also welcome to attend.

### **CONFERENCE GOALS**

At the conclusion of the conference, participants will understand and be able to implement:

- Recent advances in the field and applications to practice.
- Improved recognition of the symptoms of abused and neglected children in complex presentations.
- Improved recognition of the source of child behavior when children are abused and neglected.
- Successful intervention and treatment plans for children.
- Successful prevention models in child abuse and neglect.

### **GENERAL INFORMATION**

**Dates:** Monday and Tuesday, October 24-25, 2022 **Time:** Conference sessions begin Monday and Tuesday at 8:30 am and end at 1:00 pm.

**Online information:** After registering, participants will receive a separate Zoom registration confirmation, with the a web link and instructions for joining. Please allow 3-5 days to receive your Zoom confirmation. Reminder emails with the web link will also be sent prior to the conference.

### CONFERENCE FEES AND REGISTRATION

Monday only:	\$75
Tuesday only:	\$75
Monday & Tuesday:	\$150

**HOW TO REGISTER:** Registration is online. Please visit our website for information: www.canconferenceuofm.org

**CANCELLATION POLICY:** There are no refunds or substitutions for this conference.



### THIS CONFERENCE IS CO-SPONSORED BY

Michigan Medicine Child Protection Team Michigan Medicine Department of Social Work Michigan Medicine C.S. Mott Children's Hospital

### ACCREDITATION

The University of Michigan Medical School is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. The University of Michigan Medical School designates this live activity for a maximum of 8.0 AMA PRA Category 1 Credit(s)<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This conference has been approved by the Michigan Social Work Continuing Education Collaborative. The Training Approval Number is MICEC 0056 for a maximum of 7.0 continuing education clock hours to be earned over this two-day period. Attendees should only claim credit commensurate with their extent of participation in the event.

The conference has been registered with MCOLES for the use of 302 funding.

### QUESTIONS

If you have any questions, please contact us at: Canconf.uofm@gmail.com.

## **CONFERENCE PLANNERS**

#### Martha Kerr, LMSW

CAN Conference Planning Committee-Chair Abuse Prevention Initiative & Child Protection Team Coordinator Michigan Medicine, University of Michigan Ann Arbor, MI

#### Bethany Mohr, MD, FAAP

Clinical Associate Professor Medical Director, Child Protection Team Pediatric Hospitalist Department of Pediatrics and Communicable Diseases Michigan Medicine, University of Michigan Ann Arbor, MI





KEYNOTE SPEAKER

#### Karthik Balakrishnan, MD, MPH

Surgeon-in-Chief Stanford Children's Health Palo Alto, CA

Dr. Karthik Balakrishnan is a pediatric otolaryngologist specializing in the care of children with complex disorders of breathing, voice, and swallowing. He is an expert in complex surgical reconstruction of the larynx (voice box) and trachea (windpipe); innovative approaches to pediatric airway reconstruction; and in vascular anomalies of the head and neck. He has interests in improving the quality, safety, and value of pediatric surgical care, reducing costs of care, and optimizing the patient, family, and caregiver healthcare experience. He also has expertise in how cognitive and implicit bias may affect medical decision-making and in healthcare disparities and

injustice. Dr. Balakrishnan is also a committed educator. He was nominated for otolaryngology faculty Teacher of the Year at Mayo Clinic and has worked with Stanford residents to develop an innovative quality improvement education program for surgical trainees. He has mentored multiple fellows, residents, medical students, and undergraduates, several of whom have pursued careers in otolaryngology. He frequently works with international colleagues to provide otolaryngology education in multiple resource-limited settings as well.

Dr. Balakrishnan is a nationally and internationally recognized expert with many national and international invited presentations. His commitment to quality care for children and surgical patients has been recognized with fellowships in the American College of Surgeons and American Academy of Pediatrics.

Dr. Balakrishnan was born and raised in Baltimore, Maryland and attended college at Harvard University. He attended medical school at Johns Hopkins, with an additional year to complete a Howard Hughes Medical Institute research fellowship. He then completed residency in Otolaryngology – Head & Neck Surgery at the University of Washington. During residency, Dr. Balakrishnan completed a two-year NIH-funded research fellowship and a Master of Public Health degree with a focus on Health Services. He then completed a two-year fellowship at Cincinnati Children's Hospital with a focus on complex reconstruction of the pediatric larynx and trachea and pediatric aerodigestive disorders.



#### Cathy Baldwin-Johnson, MD, FAAFP

Medical Director The Children's Place Wasilla, AK

Dr. Cathy Baldwin-Johnson, MD is a family medicine specialist in Palmer, AK and has been practicing for 35 years. She is a leading expert in the field of nonfatal strangulation and suffocation assaults in violence against children cases. She graduated from University Of Washington School of Medicine in 1980 and specializes in family medicine. Dr. Baldwin-Johnson states "For many years, we didn't realize the seriousness of strangulation due to the lack of visible injuries and

the lack of training. We would see it in police reports and hear victims say over and over 'he choked me'. But it wasn't until the deaths of two teenagers in San Diego in 1995 that we started to put it all together. Today we know that strangulation is one of the most accurate predictors for a subsequent homicide. If a victim is strangled even one time, he or she is 7 times more likely to be killed by their abuser. Even If the victim is lucky enough to survive, he or she may have still suffered brain damage due to the lack of oxygen, other internal injuries, delayed or long-term consequences." Dr. Baldwin-Johnson focuses her presentations on understanding the lethality of strangulation and linking it to other crimes, police shootings and mass murders. She also discusses the importance of investigating and documenting child abuse and sexual assault strangulation cases and the legal aspects of strangulation cases with surviving victims.



#### **Mike Ball**

Founder and Executive Director Lost Voices Plymouth, MI

Mike Ball is an author, humorist, and singer-songwriter. He received the Erma Bombeck Award for his internationally syndicated column, *What I've Learned... So Far.* He has four books in print, including the 2012 humor bestseller *Banjos, Boats, and Butt Dialing* and the novel, *Olympus, Indiana.* He's also been also been a photographer, the president and creative director of an ad agency, a high school hockey coach, a scuba divemaster, and a nationally-competitive pairs water skier.

In 2006, Mike pulled together a group of professional folk and blues musicians and founded Lost Voices, an organization designed to bring life-changing creative programs to kids who are recovering from severe emotional trauma due to factors like abuse, neglect, violence, addiction, and human trafficking. He has been pursuing that mission ever since.



#### Jordyn Hope

(they/them) BSW Student, Fontbonne University St. Louis, MO

Jordyn Hope is a junior working on their BSW with a minor in sociology at Fontbonne University in St. Louis, MO. They are a college athlete participating in both Competitive Cheerleading and STUNT. Jordyn is currently a peer recovery mentor that works with clients struggling with mental health issues and trauma. Within the Munchausen field, they currently facilitate the first support group created for Munchausen By Proxy survivors, lordyn is working with collecaues to form more peer

led support groups and to create more help for all affected by the disorder. They just recently completed their life coaching certification, and they also are certified in mental health first aid and peer counseling.

Jordyn grew up with a mother having Munchausen By Proxy. The disorder and other various struggles made it so Jordyn was raised in an abusive and neglectful home. They spent decades in and out of hospitals and treatment centers for fabricated illnesses, an eating disorder and mental health struggles. Within the healing process, Jordyn realized how little awareness and help exists for survivors of MBP and for those that have the disorder. Their experiences led Jordyn to enter the field in order to find the best way to help these individuals find lasting healing. After finishing school, Jordyn plans to work as a therapist and public speaker, and to help with MBP research.





KEYNOTE SPEAKER

#### Kevin Mulcahy, JD

Assistant U.S. Attorney United States Attorney's Office - Eastern District of Michigan Detroit, MI

Kevin is a survivor of child sexual abuse. He works as an Assistant U.S. Attorney in Detroit. Throughout his career, Kevin has prosecuted a variety of cases, including offenses involving firearms, drugs, bank robberies, threats, terrorism, and a wide variety of other federal prosecutions. But most of his caseload focuses on child exploitation crimes, including production of child pornography cases, traveler cases, and other significant crimes against children prosecutions. Kevin has been a prosecutor since 2002, all on the federal level, with the first 3 1/2 years as an AUSA in San Dieago, and the rest in Detroit. Kevin obtained his underaraduate dearee

in Statistics and American Culture from the University of Michigan and his JD from Santa Clara School of Law, where he was Editor-in-Chief of the Santa Clara Law Review. He has 3 kids, 2 cats, and a very nice wife.



#### Michelle Munro-Kramer, PhD, CNM, FNP-BC

Assistant Professor Director of Global Programs University of Michigan School of Nursing Ann Arbor, MI

Dr. Michelle Munro-Kramer's program of research focuses on gender-based violence prevention and response, primarily among college-age youth, within domestic and international contexts. As part of the inaugural Johnson & Johnson Nurse Innovation Fellowship, she is interested in leveraging nurses' creativity to develop innovative solutions to complex health and human rights issues such as intimate partner violence,

sexual violence, and human trafficking. Her research projects approach these topics using a trauma-informed and patient-centered lens. She uses mixed methods and participatory action research to understand the experiences of vulnerable populations in order to inform innovative future intervention development. Her global health field work has included Ethiopia, Ghana, Liberia and Zambia.





#### Katherine Snyder, MD, MPH, FAAFP

Medical Director CARE (Child Abuse Resource and Education) and SANE (Sexual Assault Nurse Examiner) Teams Dell Children's Medical Center of Central Texas Austin, TX

Dr. Snyder is a child abuse pediatrician (CAP), with board certification in Pediatrics and Child Abuse Pediatrics. She received a master's in public health and her medical degree from West Virginia University. She completed her pediatric and chief

residency at the University of Louisville and fellowship in child abuse pediatrics at Hasbro Children's Hospital/Brown University. Dr. Snyder serves as a CAP and the medical director for the Child Abuse Resource and Education (CARE) and Pediatric Sexual Assault Nurse Examiner (SANE) Teams at Dell Children's Medical Center (DCMC) and currently sits on the Governor's Sexual Assault Survivors' Task Force for the state of Texas.

Before joining DCMC, Dr. Snyder served in Denver, Colorado, as a CAP at Children's Hospital Colorado, Ralston House, and Denver Health Medical Center where she also served as a pediatrician in their foster care clinic. Dr. Snyder served on the governor-appointed Colorado Child Fatality Prevention System. Dr. Snyder has a passion for education, a research interest in pediatric strangulation, and has been an invited speaker at local, regional and national conferences including the Ray E Helfer Society National Conference.



#### Detective Michael Weber, BS Phys Ed UNT 1990

Medical Child Abuse Investigative Expert, Trainer and Consultant Fort Worth, TX

Michael Weber is a graduate of the University of North Texas (BS 1990) and a 34 year law enforcement veteran with over 19 years of investigative experience, including 11 years' experience investigating crimes against children. Michael Weber is a national expert in the investigation of Medical Child Abuse, better known as Munchausen by Proxy. Weber has investigated 27 cases of medical child abuse and consulted on three others. Michael Weber has testified in over 40 felony

criminal court trials, which led to 10 prosecutions resulting in 6 felony child abuse convictions (all guilty pleas), one misdemeanor Medicaid fraud conviction and 3 cases currently pending trial. In some of these cases, Weber's key testimonial role resulted in two life convictions and one of 40 years.

Michael Weber is a co-author of "Munchausen by Proxy; Clinical and Case Management Guidance" published in the American Professional Society on the Abuse of Children's Advisor journal (March 2018), a peer reviewed publication. Included in the Advisor March 2018 edition is an article authored by Weber titled "Investigations of Factitious Disorder Imposed on Another or Medical Child Abuse." Michael Weber also authored "Investigating Medical Child Abuse" which published in the FBI Law Enforcement Bulletin (August 2018), a peer reviewed publication. Michael Weber is a member of the American Professional Society on the Abuse of Children's Munchausen by Proxy task force. Weber's investigative work was endorsed by the editorial board of the Fort Worth Star-Telegram.

Weber has the unique perspective of working as both a police detective and a district attorney investigator. He has also trained CPS and law enforcement on interview and interrogation in serious physical and sexual child abuse and on investigating serious physical abuse cases. Michael Weber was the recipient of the 2016 National Center for Missing and Exploited Children's Texas Hero for Children Award for his work was also the recipient of the 2013 Alliance for Children's Texas Hero Award.

## PROGRAM SCHEDULE =

### MONDAY, OCTOBER 24, 2022

TIME	EVENT
8:30 AM	Welcome, Opening Remarks
	<b>KEYNOTE PRESENTATION:</b> Strategies and Tools to Improve Psychological Safety and Cross-Disciplinary Teamwork <b>Presenter:</b> Karthik Balakrishnan, MD, MPH
10:00 AM	Break
10:15 AM	<b>PRESENTATION:</b> Medical Child Abuse: A Multi-Disciplined Approach for a Successful Outcome <b>Presenter:</b> Detective Michael Weber, BS
11:30 AM	Break
11:45 AM	<b>PRESENTATION:</b> Surviving Munchausen By Proxy, The Healing Process, and the Hope for Survivors - A Survivor's Perspective <b>Presenter:</b> Jordyn Hope (they/them)
1:00 PM	Session Adjourns

### TUESDAY, OCTOBER 25, 2022

TIME	EVENT
8:30 AM	Welcome, Opening Remarks
	<b>KEYNOTE PRESENTATION:</b> Randy & Me: A Prosecutor's Story of His Childhood Sexual Abuse <b>Presenter:</b> Kevin Mulcahy, JD
10:00 AM	Break
10:15 AM	<b>PRESENTATION:</b> Lost Voices: Finding the Beat to Promote Healing Among Youth Who Have Experienced Trauma <i>Presenters:</i> Mike Ball; Michelle Munro-Kramer, PhD, CNM, FNP-BC
11:30 AM	Break
11:45 AM	<b>PRESENTATION:</b> Strangulation as a Form of Child Abuse <b>Presenters:</b> Cathy Baldwin-Johnson, MD, FAAFP; Katherine Snyder, MD, MPH, FAAP
1:00 PM	Conference Adjourns

## **ABOUT THE PRESENTATIONS**

#### MONDAY KEYNOTE, 8:30AM Strategies and Tools to Improve Psychological Safety and Cross-Disciplinary Teamwork

#### Presenter: Karthik Balakrishnan, MD, MPH

**Summary:** Modern pediatric care increasingly involves multidisciplinary teams. As the complexity of these teams and their patient care activities increases, the importance of psychological safety, effective teamwork, and honest communication also increase. These characteristics are associated with successful and effective teams and can be developed and cultivated to improve the effectiveness of existing teams.

**Objectives:** Participants will be able to describe key aspects of successful teams; describe tools and strategies to increase psychological safety in their teams; describe tools and strategies to promote effective teamwork and communication.

#### MONDAY, 10:15AM Medical Child Abuse: A Multi-Disciplined Approach for a Successful Outcome

#### Presenter: Detective Michael Weber, BS

**Summary:** This presentation will highlight effective investigative techniques for Child Protective Services and Police in Medical Child Abuse investigations. Successful outcomes rely on effective communication between all members of the multidisciplinary team. Initial CPS interview of the suspect will be discussed, as well as: victim placement, forensic interviewing, police suspect interview, the importance of social media and obtaining search warrants for computing devices, and proper documentation for both police and CPS.

**Objectives:** Participants will be able to recognize Medical Child Abuse as a dangerous form of child abuse and a crime; articulate best placement options for victims and which to avoid; discuss the importance of finding and preserving the suspect's social media accounts prior to contact.

#### MONDAY, 11:45AM Surviving Munchausen By Proxy, The Healing Process, and the Hope for Survivors - A Survivor's Perspective

#### Presenter: Jordyn Hope (they/them)

**Summary:** In this presentation, Jordyn will be sharing their personal story of being raised by a mother with Munchausen by Proxy. They will share medical records spanning over a decade, explicitly showing how the system fails victims of this type of abuse. Jordyn will describe their healing journey, and explore how systems meant to help people heal and thrive often lead strugglers to merely survive. They will conclude the presentation by talking about their plans for the future, and giving hope for survivors.

**Objectives:** Participants will be able to recognize how the medical system often fails victims and why doctors end up performing unnecessary tests and procedures; explain how this type of abuse affects victims/survivors; identify changes that could help with the healing process.



## **ABOUT THE PRESENTATIONS**

#### TUESDAY KEYNOTE, 8:30AM Randy & Me: A Prosecutor's Story of his Childhood Sexual Abuse

#### Presenter: Kevin Mulcahy, JD

**Summary:** This presentation will recount Kevin's own story of sexual exploitation at the hands of his soccer coach, Randy. But, it will not be merely a retelling of the past. Instead, the presentation will address lessons learned from his case by combining Kevin's experience both as a victim and a long-time prosecutor of child exploitation cases. Knowing what he knows now, Kevin believes there are lessons to be learned from his story for the investigator (Kevin's was great), the prosecutor (Kevin's was terrible), and the forensic interviewer (Kevin did not have one). Beyond these useful lessons, the presentation will provide plenty of time for questions from attendees. Given the nature of our work, we don't often get to ask beyond factual questions of our child victims. This presentation will provide that opportunity.

**Objectives:** Participants will be able to recognize challenges the victims of childhood sexual abuse face; learn effective techniques in communicating with victims; learn answers to many common questions those in the child abuse have for victims of childhood sexual abuse, but are often unable or unwilling to ask; appreciate the awesome responsibility facing those professionals who do this work; examine their commitment to working in this field.

#### TUESDAY, 10:15AM Lost Voices: Finding the Beat to Promote Healing Among Youth Who Have Experienced Trauma

#### Presenter: Mike Ball; Michelle Munro-Kramer, PhD, CNM, FNP-BC

Summary: There is mounting evidence that a history of trauma impacts an individual's acute and chronic use of healthcare services, as well as their health outcomes. Expertise on treating trauma and traumatic stress sequelae has been siloed in the mental health professions and focused on psychology and neuroscience, yet alternative interventions are needed, especially for very high-risk youth populations. The use of expressive arts or utilizing various art modalities, such as music and writing in a supportive environment to contribute to growth and healing, have positive anecdotal evidence but lack rigorous scientific evaluation (Rogers, 1993). Lost Voices (www.lostvoices.org), a group of professional musicians started in 2007 by Mike Ball, is the only community-based group providing trauma-informed music therapy to youth who have experienced trauma in Southeast Michigan. Their intervention engages youth in songwriting workshops that focus on an individual's story and song as well as a group song followed by a performance of the songs supported by professional musicians. In every Lost Voices program, the musicians create a safe and non-judgmental atmosphere where the youth can reach into their deepest feelings and ideas, then express them in original songs. Over the years, this intervention has touched more than 2,500 youth and produced dramatic therapeutic breakthroughs. Due to the youth's positive responses to the intervention, there is growing interest in expansion, including using virtual modalities in response to the current COVID-19 pandemic, as well as evaluation of mental health outcomes. This presentation will review the literature related to expressive arts as trauma intervention for youth, and explore the Lost Voices intervention model and preliminary intervention outcomes.

**Objectives:** Participants will be able to summarize the literature related to expressive arts as an intervention for youth who have experienced trauma; articulate the Lost Voices model and trauma-informed framework; illustrate the key outcomes of the Lost Voices intervention as described by key stakeholders (youth and staff) who have participated in the program.

# **ABOUT THE PRESENTATIONS =**

#### TUESDAY, 11:45AM Strangulation as a Form of Child Abuse

#### Presenters: Cathy Baldwin-Johnson, MD, FAAFP; Katherine Snyder, MD, MPH, FAAP

**Summary:** This case-based presentation will review the clinical ways in which children who have been strangled may present and the anatomic and physiologic differences between child and adult victims. Known risks and complications based on current literature will be reviewed. Finally, we will use recent studies to discuss a rational approach to the medical evaluation and imaging of children who have been strangled.

**Objectives:** Participants will be able to recognize common signs and symptoms of children who have been strangled; utilize developmentally appropriate medical history questions to guide what work up is needed; develop a rational approach for imaging of strangled children when clinically indicated.



### Technical support for this conference provided by:

ost Voices aving lives, one song at a tirv



https://www.lostvoices.org/